

JUNE, 2025

NUTRITION SERVICES OF SHELBY COUNTY

937-492-6900, OPTION 8

Serving the Seniors of Shelby County since 1996

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
June 2, 2025		June 3, 2025		June 4, 2025		June 5, 2025		June 6, 2025	
3 oz	Swedish Meatballs	6 oz	Ham & Beans	3 oz	Beef Pepper Patty	3 oz	Citrus Glazed Chicken	6 oz	Spaghetti
4 oz	Wk 3 Egg Noodles	4 oz	Capri Veg Blend	4 oz	Mashed Potatoes/Gravy	4 oz	Bread Stuffing	4 oz	Cauliflower
4 oz	Peas & Carrots	4 oz	Apple Slices	4 oz	Roasted Zucchini	4 oz	California Veg Blend	4 oz	Applesauce
1 ea	Oatmeal Raisin Cookie	1 pc	Cornbread	4 oz	Cherry Crisp	1 ea	Chocolate Chip Blondie	1 pc	Garlic Toast
1 ea	Buttered Breadstick			1 pc	Wheat Bread/Margarine	1 ea	Dinner Roll/Margarine		
June 9, 2025		June 10, 2025		June 11, 2025		June 12, 2025		June 13, 2025	
3 oz	Roast Beef	3 oz	Ham Slice	3 oz	BBQ Chicken	3 oz	Sloppy Joe/Bun	6 oz	Beef Stew
4 oz	Mashed Potatoes/Gravy	4 oz	Duchess Potatoes	4 oz	Capri Vegetable Blend	4 oz	Steak Fries	1C	Tossed Salad/Dressing
4 oz	Green Beans	4 oz	Whole Baby Carrots	4 oz	Bowtie Pasta	4 oz	Far East Veg. Blend	1 ea	Buttered Breadstick
3 oz	Wk 4 Apple Slices	1 pc	Diced Pears	1 ea	Cherry Chocolate Bar	1 pkg	Red Grapes	1 ea	Banana
1 pc	Wheat Bread/Margarine	1 pc	Cornbread	1 ea	Biscuit				

The remainder of June's menu will be coming soon!



Upcoming holiday closing on June 19th!

CONSUME FOOD IMMEDIATELY OR REFRIGERATE! Meals are stamped with date prepared. If refrigerated, consume within 3-4 days.

REHEATING: Cut film to vent. Microwave: Reheat for 2-3 minutes OR Conventional Oven: Place on cookie sheet, heat at 350 degrees for 10 minutes.

MENUS/FOOD PREPARATION: Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions, call 937-492-6900 or view our website for ingredient list.

Menu posted at <https://fairhavenservices.com/our-services/nutritional-services> - Menus are subject to change. Meals include 8 oz. milk (unless drink substitute requested.)

MEAL DELIVERY GUIDELINES: *We cannot leave meals if you are not home.* Please cancel in advance by informing or driver or call before 9:00 A.M.

Your delivery times may vary from day-to-day. Please be patient with your drivers as they attempt to service you in a safe and timely manner!

ROUTE CLOSINGS: We announce closings on WMVR Radio 105.5 and also attempt to call you. Please keep us informed of your current phone number.