

JUNE, 2025

NUTRITION SERVICES OF SHELBY COUNTY

937-492-6900, OPTION 8

Serving the Seniors of Shelby County since 1996

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---------------|------------------------|---------------|--------------|---------------|------------------------|---|--|---------------|------------------------|
| June 16, 2025 | | June 17, 2025 | | June 18, 2025 | | June 19, 2025 | | June 20, 2025 | |
| 3 oz | Beef Stroganoff | 3 oz | Shrimp | 3 oz | Pot Roast | CLOSED - NO MEAL DELIVERY  | | 3 oz | Sweet & Sour Meatballs |
| 4 oz | WK 5 Egg Noodles | 3 oz | Hush Puppies | 4 oz | Golden Mashed Potatoes | | | 4 oz | Vegetable Fried Rice |
| 4 oz | Whole Baby Carrots | 4 oz | Potato Salad | 4 oz | California Blend | | | 4 oz | Sugar Snap Peas |
| 4 oz | Citrus Fruited Gelatin | 4 oz | Vegetable | 1 pc | Choc. Cheesecake Bar | | | 4 oz | Fruit Cocktail |
| 1 ea | Dinner Roll/Margarine | 1 pc | Cream Pie | 1 pc | Wheat Bread/Margarine | | | 1 pc | Wheat Bread/Margarine |

New Menu
Coming Soon

CONSUME FOOD IMMEDIATELY OR REFRIGERATE! Meals are stamped with date prepared. If refrigerated, consume within 3-4 days.

REHEATING: Cut film to vent. Microwave: Reheat for 2-3 minutes OR Conventional Oven: Place on cookie sheet, heat at 350 degrees for 10 minutes.

MENUS/FOOD PREPARATION: Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions, call 937-492-6900 or view our website for ingredient list.

Menu posted at <https://fairhavenservices.com/our-services/nutritional-services> - Menus are subject to change. Meals include 8 oz. milk (unless drink substitute requested.)

MEAL DELIVERY GUIDELINES: *We cannot leave meals if you are not home.* Please cancel in advance by informing our driver or call before 9:00 A.M.

Your delivery times may vary from day-to-day. Please be patient with your drivers as they attempt to service you in a safe and timely manner!

ROUTE CLOSINGS: We announce closings on WMVR Radio 105.5 and also attempt to call you. Please keep us informed of your current phone number.