


WEEK OF
JUNE 30, 2025

NUTRITION SERVICES OF SHELBY COUNTY

937-492-6900, OPTION 8

Serving the Seniors of Shelby County since 1996

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
June 30, 2025		July 1, 2025		July 2, 2025		July 3, 2025		July 4, 2025	
3 oz	Cabbage Roll w/Sauce	6 oz	Goulash	4 oz	Beef Shepherd's Pie	3 oz	Cornflake Chicken	 <p>WE ARE CLOSED ON INDEPENDENCE DAY HAVE A HAPPY 4TH OF JULY!</p>	
4 oz	Garden Rice Blend	4 oz	Cauliflower	4 oz	Mashed Potatoes	4 oz	Golden Mashed Potatoes		
4 oz	Broccoli	1 ea	Chocolate Chip Cookie	4 oz	Green Beans	4 oz	Far East Veg Blend		
1 ea	WK 2 Apple Slices	1 pc	Garlic Toast	4 oz	Citrus Fruit Gelatin	1 pkg	Grapes		
1 ea	Wheat Bread/Margarine			1 ea	Wheat Bread/Margarine	1 ea	Dinner Roll/Margarine		



Sorry for the delay in the new menu!

CONSUME FOOD IMMEDIATELY OR REFRIGERATE! Meals are stamped with date prepared. If refrigerated, consume within 3-4 days.

REHEATING: Cut film to vent. Microwave: Reheat for 2-3 minutes OR Conventional Oven: Place on cookie sheet, heat at 350 degrees for 10 minutes.

MENUS/FOOD PREPARATION: Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions, call 937-492-6900 or view our website for ingredient list.

Menu posted at <https://fairhavenservices.com/our-services/nutritional-services> - Menus are subject to change. Meals include 8 oz. milk (unless drink substitute requested.)

MEAL DELIVERY GUIDELINES: *We cannot leave meals if you are not home.* Please cancel in advance by informing our driver or call before 9:00 A.M.

Your delivery times may vary from day-to-day. Please be patient with your drivers as they attempt to service you in a safe and timely manner!

ROUTE CLOSINGS: We announce closings on WMVR Radio 105.5 and also attempt to call you. Please keep us informed of your current phone number.