

Beef Macaroni Casserole, Broccoli, Mixed Melon Salad, Dinner Roll

Beef Macaroni Casserole

Onion- Onion

Ground Beef- Beef

Diced Tomatoes- Diced Tomatoes

Tomato Juice- Tomatoes, Salt, Vitamin C (Ascorbic Acid), Citric Acid.

Oregano- Oregano

Black Pepper- Black Pepper

Garlic Powder- Garlic Powder

Elbow Macaroni- Durum Wheat Semolina, durum wheat flour, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid.

COMMON ALLERGENS PRESENT: Wheat. MAY CONTAIN: Egg.

Shredded Cheddar Cheese- CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK

Broccoli- Broccoli

Mixed Melon Salad- Cantaloupe, Watermelon and Honeydew

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat

Beef Stew, Tossed Salad, Oatmeal Raisin Cookie, Watermelon and Dinner Roll

Beef Stew:

Beef- Beef

Flour- Bleached Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)

Water- Water

Salt- Salt

Carrots- Carrot

Onion- Onion

Diced Potatoes- Potatoes

Celery- Celery

Black Pepper- Pepper

Tossed Salad:

Lettuce- Lettuce

Cheddar Cheese- CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE). COMMON ALLERGENS PRESENT: MILK

Tomatoes- Tomato

Oatmeal Raisin Cookie- SUGAR, RAISINS (RAISINS, SUNFLOWER OIL), ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), OATS, WHEAT FLOUR, WALNUTS, BUTTER (CREAM, NATURAL FLAVORING), WATER, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), INVERT SUGAR, MARGARINE (SOYBEAN OIL, WATER, VEGETABLE MONO- AND DIGLYCERIDES, SALT, CONTAINS LESS THAN 2% OF WHEY SOLIDS, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], CITRIC ACID, ARTIFICIAL

FLAVOR, BETA CAROTENE [COLOR], VITAMIN A PALMITATE), CONTAINS LESS THAN 2% OF BAKING SODA, EGGS, HONEY, MOLASSES, NATURAL FLAVORS, SALT, SPICE, WHEY PROTEIN CONCENTRATE, WHITE CHOCOLATE FLAVORED POWDER (SUGAR, CREAMER [COCONUT OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE {MILK}, SUGAR, TRICALCIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, PROPYLENE GLYCOL ESTERS OF FATTY ACIDS, MONO- AND DIGLYCERIDES, SALT, ARTIFICIAL FLAVOR], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVOR, GUAR GUM, XANTHAN GUM). COMMON ALLERGENS PRESENT: Milk, Wheat, Soy, Egg, Tree Nuts. MAY CONTAIN: Peanuts.

Watermelon- Watermelon

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat.

White Beans with Ham & Onion, Malibu Vegetable Blend, Apple Crisp and Dinner Roll

Ham and Beans:

Ham- Ham

Beans- Great northern white beans, water, salt, calcium chloride.

Chicken Broth- Water, ROASTED CHICKEN AND CHICKEN JUICES, SALT, MONOSODIUM GLUTAMATE, SUGAR, YEAST EXTRACT, CHICKEN FAT, DEHYDRATED ONION, CITRIC ACID, TURMERIC, XANTHAN GUM, CARAMEL COLOR, FLAVORING.

Onions- Onion

Malibu Vegetable Blend- Broccoli, Carrots, Cauliflower and Yellow Carrots.

Apple Crisp- Apple Filling (Apples, glucose-fructose, water, modified corn starch, gellan gum, sugar, sulfites, potassium sorbate, malic acid), Apples, Sugars (yellow sugar, demerrara sugar, granulated sugar, liquid glucose), Flour, Canola oil / modified palm and palm kernel oil margarine, Coconut (desiccated coconut, sugar (with cornstarch), water, propylene glycol, salt, sodium metabisulfate), Butter, Oats, Water, Modified food starch, Cream, Whipping Cream (cream, milk, carrageenan), Cinnamon, Skim milk powder, Whey powder, Soy lecithin. COMMON ALLERGENS PRESENT: Wheat, Milk, Soy. MAY CONTAIN: Egg, Tree Nuts, Peanuts.

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat

Cabbage Roll with Sauce, Mashed Potatoes, California Vegetable Blend, and Cantaloupe

Stuffed Cabbage Rolls with Sauce- CABBAGE LEAVES, WATER, COOKED BEEF, TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID), COOKED RICE, TOMATO PASTE, ONION, EGG, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT), GREEN BELL PEPPER, SALT, FOOD STARCH-MODIFIED, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), CELERY, SUGAR, NONFAT DRY MILK, ISOLATED SOY PROTEIN, VINEGAR (DISTILLED WHITE VINEGAR, WATER), SPICES, DRIED BEEF STOCK, CARAMEL COLOR, DEHYDRATED GARLIC. COMMON ALLERGENS PRESENT: Egg, Wheat, Soy, Milk

Golden Mashed Potatoes- POTATOES, SALT, BUTTER (CREAM, SALT), CONTAINS 2% OR LESS OF: BUTTERMILK, CANOLA OIL, CREAM, MONO AND DIGLYCERIDES, MALTODEXTRIN, NONFAT MILK, NATURAL FLAVOR (MILK), WHEY, SUNFLOWER LECITHIN, FRESHNESS PRESERVED WITH (SODIUM BISULFITE, BHT, SODIUM ACID PYROPHOSPHATE, CITRIC ACID) COMMON ALLERGENS PRESENT: Milk

California Blend- Broccoli, Cauliflower, Carrots

Cantaloupe- Cantaloupe

Beer Battered Cod, Potato Wedges, Creamy Coleslaw, Chocolate Cake with Peanut Butter Frosting and Wheat Bread

Beer Battered Cod- COD, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), BEER (WATER, BARLEY MALT, RICE, HOPS), YELLOW CORN FLOUR, WATER, CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED CORN STARCH, SALT, WHITE CORN FLOUR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), NATURAL FLAVORS, SPICES, SUGAR, WHEAT FLOUR.
CONTAINS: COD (FISH), WHEAT

Potato Wedges- Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean, Canola, Palm, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Creamy Coleslaw:

Cabbage- Cabbage

Mayonnaise- WATER, SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, FOOD STARCH-MODIFIED, EGG YOLKS, SALT, CONTAINS LESS THAN 2% OF CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg

Sugar- Granulated sugar.

Vinegar- White Distilled Vinegar and Filtered Water.

Salt- Salt

Pepper- Pepper

Celery Seed- Celery Seed

Chocolate Cake with Peanut Butter Frosting:

Chocolate Cake- ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, DEXTROSE, COCOA, LEAVENING (BAKING SODA, ALUMINUM SULFATE, SODIUM ALUMINUM PHOSPHATE, DICALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: PROPYLENE GLYCOL MONO- AND DIESTERS, EGG YOLK,

MODIFIED CORN STARCH, SALT, EGG WHITE, MONO AND DIGLYCERIDES, SOY LECITHIN, ARTIFICIAL FLAVOR, WHEY, GUAR GUM, SODIUM CASEINATE, PALM OIL, SODIUM LAURYL SULFATE, CITRIC ACID. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.

Peanut butter Icing-

Peanut Butter- Roasted Peanuts, Sugar, Contains 2% Or Less Of: Molasses, Fully Hydrogenated Vegetable Oils (rapeseed And Soybean), Mono And Diglycerides, Salt. COMMON ALLERGENS PRESENT: Peanuts.

Butter- VEGETABLE OIL BLEND (PALM AND PALM KERNEL OIL, SOYBEAN OIL), SKIM MILK, BUTTER (CREAM, SALT), CONTAINS LESS THAN 2% OF NATURAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR), SALT COMMON ALLERGENS PRESENT: Milk.

Powder Sugar- Sugar, corn starch

Vanilla- Water, Alcohol, Sugar, and Vanilla Bean extractives

Wheat Bread- Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Monoglycerides, Wheat Gluten, Calcium Propionate (Preservative), Ascorbic Acid. COMMON ALLERGENS PRESENT Wheat.

Bourbon Chicken Thighs, Long Grain & Wild Rice, California Blend Vegetables, Chocolate Pudding Cake, Mixed Melon Salad and Wheat Bread

Bourbon Chicken Thighs:

Chicken- Chicken

Bourbon Glaze- WATER, SUGAR, MOLASSES, CIDER VINEGAR, SOY SAUCE (WATER, WHEAT, SOYBEAN, SALT, SODIUM BENZOATE [A PRESERVATIVE]), TOMATO PASTE, FOODSTARCH-MODIFIED, CONTAINS LESS THAN 2% OF ONION*, SALT, ORANGE JUICE CONCENTRATE, CARAMEL COLOR, SALTED BOURBON WHISKEY (BOURBON, SALT), NATURAL FLAVORS, GARLIC*, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES). *DEHYDRATED CONTAINS: WHEAT, SOYBEAN

Long Grain & Wild Rice- Enriched long grain parboiled rice with iron (ferric phosphate), niacin, thiamine mononitrate (folic acid), wild rice, maltodextrin, sea salt, dehydrated vegetables (onion, parsley, celery, garlic) sugar, potassium chloride, hydrolyzed soy protein, yeast extract, caramel color, paprika, lactic acid, disodium inosinate & guanylate, spice extractive, soybean oil, silicon dioxide (anticaking).

California Blend Vegetables- Carrots, Broccoli and Cauliflower

Chocolate Pudding Cake:

Chocolate Cake Mix- ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, DEXTROSE, COCOA, LEAVENING (BAKING SODA, ALUMINUM SULFATE, SODIUM ALUMINUM PHOSPHATE, DICALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: PROPYLENE GLYCOL MONO- AND DIESTERS, EGG YOLK, MODIFIED CORN STARCH, SALT, EGG WHITE, MONO AND DIGLYCERIDES, SOY LECITHIN, ARTIFICIAL FLAVOR, WHEY, GUAR GUM, SODIUM CASEINATE, PALM OIL, SODIUM LAURYL SULFATE, CITRIC ACID.

Water- Water

Chocolate Pudding Mix- Sugar, Modified Food Starch, Dextrose, Cocoa processed with alkali, less than 2% of Disodium Phosphate, Tetrasodium Pyrophosphate, Tricalcium Phosphate, Salt, Silicon Dioxide, Mono and diglycerides, Nonfat Dry Milk, Caramel Color, Xanthan Gum, Artificial Flavor.

Liquid Egg- WHOLE EGGS, WHEY, SKIM MILK, XANTHAN GUM, CITRIC ACID, 0.12% WATER ADDED AS CARRIER FOR CITRIC ACID. CITRIC ACID ADDED TO PRESERVE COLOR.

Mixed Melon Salad- Watermelon, Cantaloupe, Honeydew

Wheat Bread- Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Monoglycerides, Wheat Gluten, Calcium Propionate (Preservative), Ascorbic Acid. COMMON ALLERGENS PRESENT Wheat.

Turkey Pot Roast, Mashed Potatoes & Gravy, Carrots, Fruit Cocktail and Dinner Roll

Turkey Pot Roast- Turkey

Mashed Potatoes- POTATO (DRY), MONO AND DIGLYCERIDES, ASCORBIC ACID (VITAMIN C), CALCIUM STEAROYL-2-LACTYLATE. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT.

Gravy- Water, Roasted Beef and Beef Juices, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Food Starch - Modified, Salt, Onion Powder, Hydrolyzed Corn, Wheat and Soy Protein, Sugar, Caramel Color, Soybean Oil, Disodium.

Carrots- Carrots

Fruit Cocktail- Diced Peaches, Diced Pears, Water, Grapes, Pineapple Sectors, Pear Juice Concentrate, Halved Cherries Artificially Colored Red with Carmine

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat

Roast Beef, Gold Cream Cheese Potatoes, Fried Zucchini, New York Cheesecake, Cherries and Wheat Bread

Roast Beef- Beef

Gold Cream Cheese Potatoes:

Gold Potatoes- INGREDIENTS: GOLD POTATOES, POTATOES, VEGETABLE OILS (CANOLA OIL, PALM OIL, AND/OR SUNFLOWER OIL), SALT, CREAMER (CORN SYRUP SOLIDS, CANOLA OIL, MONO AND DIGLYCERIDES, MILK PROTEIN CONCENTRATE), CONTAINS 2% OR LESS OF: MONO AND DIGLYCERIDES, COLORS (RIBOFLAVIN, TITANIUM DIOXIDE, ANNATTO EXTRACT), WHEY, BUTTER (CREAM, SALT), NATURAL FLAVORS, FRESHNESS PRESERVED WITH (SODIUM BISULFITE, MIXED TOCOPHEROLS, SODIUM ACID PYROPHOSPHATE, BHT, CITRIC ACID). CONTAINS: MILK

Cream Cheese-

PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, GUAR GUM, XANTHAN GUM, CAROB BEAN GUM. COMMON ALLERGENS PRESENT: Milk.

Buttermilk 1%- Cultured lowfat milk, nonfat milk, salt, sodium citrate, vitamin A palmitate, vitamin D3

Garden Seasoning- Dehydrated Onion, Dehydrated Garlic, Spices, Dehydrated Carrots, Orange Peel, Dehydrated Red Bell Pepper, Red Pepper, Natural Flavor.

Fried Zucchini- Zucchini

New York Cheesecake- KRAFT PHILADELPHIA Cream Cheese® [milk, cream, salt, carob bean gum, cheese cultures], Sugar, Eggs, Enriched Wheat Flour [wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], Margarine [soybean oil, palm oil, water, salt, mono & diglycerides, nonfat dry milk, sunflower lecithin, natural flavor, vitamin A palmitate, beta carotene], Graham Crumbs [enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), graham flour, sugar, palm oil, brown sugar, honey, salt, baking soda, natural flavor], Maltitol Syrup, Water, Oats, Brown Sugar, Lemon Juice Concentrate, Salt, Natural Madagascar Vanilla

Cherries- Cherries

Wheat Bread- Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Monoglycerides, Wheat Gluten, Calcium Propionate (Preservative), Ascorbic Acid. COMMON ALLERGENS PRESENT Wheat.

Fried Chicken, French Fries, Corn, Chocolate Chip Cookie and Cornbread

Fried Chicken- CHICKEN, WATER, ISOLATED SOY PROTEIN, SALT, SODIUM PHOSPHATES. BREADED WITH: WATER, BLEACHED ENRICHED WHEAT FLOUR (MALTED BARLEY FLOUR, WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, SPICES, GARLIC POWDER, YEAST EXTRACT, SOYBEAN OIL, EXTRACTIVES OF PAPRIKA, DISODIUM INOSINATE, DISODIUM GUANYLATE.

French Fries- Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean, Canola, Palm, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Corn- Corn

Chocolate Chip Cookies- SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN [EMULSIFIER], NATURAL FLAVOR, MILK), MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), WHEAT FLOUR, SHORTENING (PALM OIL), WATER, INVERT SUGAR, CONTAINS LESS THAN 2% OF BAKING SODA, EGGS, MOLASSES, NATURAL FLAVORS (MILK), SALT, WHEY PROTEIN CONCENTRATE, WHITE CHOCOLATE FLAVORED POWDER (SUGAR, CREAMER [COCONUT OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE {MILK}], SUGAR, TRICALCIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, PROPYLENE GLYCOL ESTERS OF FATTY ACIDS, MONO- AND DIGLYCERIDES, SALT, ARTIFICIAL FLAVOR], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVOR, GUAR GUM, XANTHAN GUM). COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy. MAY CONTAIN: Peanuts, Tree Nuts.

Cornbread- ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, SUGAR, WATER, EGGS, YELLOW CORN MEAL, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS: ISOLATED SOY PROTEIN, GLYCERIN, LEAVENING (SODIUM AND PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), WHEAT STARCH, WHEY, POTASSIUM SORBATE (PRESERVATIVE), MODIFIED CORN STARCH, SALT, CORN STARCH, SOY LECITHIN, MONOGLYCERIDES, XANTHAN GUM, LACTYLIC ESTERS OF FATTY ACIDS. COMMON ALLERGENS PRESENT: Milk, Wheat, Eggs, Soy.

Baked Ziti, Cauliflower, Cherry Tomatoes, Applesauce and Garlic Toast

Baked Ziti:

Ziti- Durum Wheat Semolina, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat. MAY CONTAIN: Egg.

Spaghetti Sauce- Tomato concentrate (Water, Tomato Paste), Corn Syrup, Salt, Spices, Dehydrated Parsley, Citric Acid, Natural Flavor.

Mozzarella Cheese- PASTEURIZED MILK, SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE (ADDED TO PREVENT CAKING), NATAMYCIN (ADDED AS A MOLD INHIBITOR). COMMON ALLERGENS PRESENT: Milk.

Cauliflower- Cauliflower

Cherry Tomatoes- Cherry Tomatoes

Applesauce- Apples and water, ascorbic acid (vitamin C) added to maintain color

Garlic Toast- ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID),WATER, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, NATURAL FLAVOR (MILK), SOY LECITHIN, BETA CAROTENE(COLOR), VITAMIN A PALMITATE ADDED), SOYBEAN OIL, CONTAINS 2% OR LESS OF: YEAST, SALT, SUGAR, CORN MEAL, GARLIC,MALTED BARLEY FLOUR, GARLIC EXTRACT, PARSLEY, SOY LECITHIN, ENZYMES, TURMERIC AND ANNATTO EXTRACTS FORCOLOR, WHEAT GLUTEN. . COMMON ALLERGENS PRESENT: Soy, Milk, Wheat

Sloppy Joe with a Bun, Potato Wedges, Capri Vegetable, Watermelon and Peanut Butter Brownie

Sloppy Joe:

Ground Beef- Ground Beef

Tomato Sauce- Tomato Puree (Water, Tomato Paste), Less Than 2% Of: Salt, Citric Acid, Onion Powder, Garlic Powder, Dehydrated Bell Peppers, Natural Flavors.

Seasonings- Garlic powder, onion powder, salt, pepper

Potato Wedges- Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean, Canola, Palm, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Capri Vegetable- Zucchini, Yellow Squash, Carrots, Green Beans

Watermelon- Watermelon

Peanut Butter Brownie:

Brownie Mix: SUGAR, ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, COCOA (PROCESSED WITH ALKALI), VEGETABLE SHORTENING ([CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA AND/OR PALM OIL] WITH TBHQ [PRESERVATIVE]). CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CALCIUM CARBONATE, SALT, CORN STARCH, EGG WHITE, ANTI-CAKING AGENT (CALCIUM SILICATE), EGG YOLK, LEAVENING (BAKING SODA), XANTHAN GUM, NATURAL AND ARTIFICIAL FLAVOR, SODIUM LAURYL SULFATE. COMMON ALLERGENS PRESENT: Egg, Wheat.

Water- Water

Peanut butter- Roasted Peanuts, Sugar, Contains 2% Or Less Of: Molasses, Fully Hydrogenated Vegetable Oils (rapeseed And Soybean), Mono And Diglycerides, Salt. COMMON ALLERGENS PRESENT: Peanuts.

Butter- Cream. COMMON ALLERGENS PRESENT: Milk.

Powder Sugar- Sugar, corn starch.

Herbed Pork Loin, Golden Mashed Potatoes with Gravy, Carrots, M & M Cookie and Dinner Roll

Roasted Pork Tenderloin:

Pork Loin- Pork

Seasoning- Montreal Chicken Seasoning

Mashed Potatoes- POTATO (DRY), MONO AND DIGLYCERIDES, ASCORBIC ACID (VITAMIN C), CALCIUM STEAROYL-2-LACTYLATE. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT.

Gravy- Water, Roasted Beef and Beef Juices, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Food Starch - Modified, Salt, Onion Powder, Hydrolyzed Corn, Wheat and Soy Protein, Sugar, Caramel Color, Soybean Oil, Disodium.

Carrots- Carrots

M&M Cookie- ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), M&M'S CANDIES (MILK CHOCOLATE [SUGAR, CHOCOLATE, COCOA BUTTER, SKIM MILK, MILKFAT, LACTOSE, SOY LECITHIN, SALT, ARTIFICIAL FLAVORS], SUGAR, CORNSTARCH, LESS THAN 1%- CORN SYRUP, DEXTRIN, COLORING [INCLUDES BLUE 1 LAKE, RED 40 LAKE, YELLOW 6, YELLOW 5, RED 40, BLUE 1, BLUE 2 LAKE, YELLOW 6 LAKE, YELLOW 5 LAKE, BLUE 2], GUM ACACIA), SUGAR, BROWN SUGAR (SUGAR, MOLASSES), SHORTENING (PALM OIL), WHEAT FLOUR, EGGS, MARGARINE (PALM OIL, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), CONTAINS 2% OR LESS OF: INVERT SUGAR, BAKING SODA, NATURAL FLAVORS, SALT, WHITE CHOCOLATE FLAVORED POWDER (SUGAR, NON-DAIRY CREAMER [COCONUT OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE {MILK}, SUGAR, TRICALCIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, PROPYLENE GLYCOL ESTERS OF FATTY ACIDS, MONO AND DIGLYCERIDES, SALT, SOY LECITHIN, ARTIFICIAL FLAVOR], MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVOR, GUAR GUM, XANTHAN GUM). CONTAINS: WHEAT, EGGS, MILK, SOY.

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat.

Hamburger on Bun, Onion Roasted Potatoes, Italian Green Beans, Mandarin Oranges and Wheat Bread

Hamburgers- Beef, water, bread crumbs [enriched bleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), durum flour, leavening (sodium bicarbonate, sodium acid pyrophosphate), yeast], seasoning (salt, dextrose, hydrolyzed soy protein, sugar, autolyzed yeast extract, beef tallow, tomato powder, hydrolyzed soy corn wheat gluten protein, modified food starch, spices, citric acid, onion powder, dehydrated beef extract, maltodextrin, corn syrup solids, disodium inosinate, disodium guanylate, thiamine hydrochloride, spice extractives, vinegar solids]. **COMMON ALLERGENS PRESENT: SOY, WHEAT.**

Onion Roasted Potatoes:

Onion- Onion

Potatoes- Potato

Garden Seasoning- Dehydrated Onion, Dehydrated Garlic, Spices, Dehydrated Carrots, Orange Peel, Dehydrated Red Bell Pepper, Red Pepper, Natural Flavor.

Italian Green Beans- Green Beans

Mandarin Oranges- Mandarin Oranges

Wheat Bread- Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Monoglycerides, Wheat Gluten, Calcium Propionate (Preservative), Ascorbic Acid. **COMMON ALLERGENS PRESENT** Wheat.

Baked Glazed Ham, Sweet Potato Casserole, Roasted Broccoli, Watermelon and Dinner Roll

Baked Glazed Ham:

Ham- Ham

Brown Sugar- Cane Sugar, Molasses.

Corn Starch- Corn Starch

Pineapple Juice- 100% ORANGE JUICE, CALCIUM HYDROXIDE*, CITRIC ACID*, MALIC ACID* AND VITAMIN D3*

White Corn Syrup- Corn syrup, water, potassium sorbate- a preservative, natural flavor and phosphoric acid

Sweet Potato Casserole:

Sweet Potato- Sweet Potatoes

Brown Sugar- Cane Sugar, Molasses.

Marshmallows- Sugar, corn syrup, water, gelatin, natural and artificial flavor, tetrasodium pyrophosphate, blue 1

Roasted Broccoli- Broccoli

Watermelon- Watermelon

Wheat Bread- Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar, Soybean Oil, Contains 2% or less of the following: Yeast, Salt, Monoglycerides, Wheat Gluten, Calcium Propionate (Preservative), Ascorbic Acid. COMMON ALLERGENS PRESENT Wheat.

Meat Lasagna, Parslied Cauliflower, Frosted Chocolate Cake and Dinner Roll

Meat Lasagna- COOKED ENRICHED LASAGNA PASTA (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), TOMATO PUREE (WATER, TOMATO PASTE), COOKED ZESTY ITALIAN SAUSAGE (PORK, WATER, SPICES, SALT, GARLIC POWDER), TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), RICOTTA CHEESE

(PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), WATER, MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), PRECOOKED MEATBALLS (PORK, BEEF, EGGS, BREAD CRUMBS [UNBLEACHED WHEAT FLOUR, SALT, YEAST], WATER, ROMANO CHEESE [SHEEPS AND/OR COWS MILK, RENNET, SALT, CHEESE CULTURES, ENZYMES], DEHYDRATED ONION, CORN SYRUP SOLIDS, SALT, NATURAL FLAVOR, SODIUM PHOSPHATE, PARSLEY, SPICES), PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), FOOD STARCH-MODIFIED, ROMANO CHEESE (SKIM COWS MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, CANOLA OIL, GARLIC (GARLIC, WATER), SPICES, BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT, CALCIUM PROPIONATE [TO PROTECT FRESHNESS]), DEHYDRATED ONION, RED BELL PEPPER, GARLIC POWDER, MONO- & DIGLYCERIDES WITH CITRIC ACID, XANTHAN GUM. COMMON ALLERGENS PRESENT: WHEAT, MILK, EGGS

Parslied Cauliflower:

Parsley- Parsley

Cauliflower- Cauliflower

Frosted Chocolate Cake- SUGAR, WATER, HEAVY CREAM (cream, milk solids, cellulose gel, carrageenan, cellulose gum), ENRICHED WHEAT FLOUR (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), MARGARINE (modified palm oil, modified palm kernel oil, canola oil, water, salt, whey, vegetable monoglycerides, soy lecithin, citric acid, natural flavor, vitamin A palmitate, colored with beta-carotene, cholecalciferol), ICING SUGAR (sugar, corn starch), EGGS, COCOA POWDER, CANOLA OIL, SOUR CREAM (milk, cream, nonfat milk, guar gum, propylene glycol alginate, carrageenan, caroub bean gum, xanthan gum, bacterial culture, chymosin preparation), UNSWEETENED CHOCOLATE, BLACKSTRAP MOLASSES, FANCY MOLASSES, MODIFIED CORN STARCH, SODIUM BICARBONATE, EGG WHITES, SALT, ALGINATE BLEND (tetrasodium diphosphate, sodium alginate), NATURAL FLAVOR

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat.

Bratwurst on a Bun, Steak Fries, Green Beans and Fruit Cocktail

Bratwurst- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat.

Bun- Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Yeast, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Enzymes), Calcium Propionate (Preservative), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate).

Steak Fries- Potatoes, Vegetable Oil (May Contain One or More of the Following: Canola Oil, Sunflower Oil, Cottonseed Oil, Palm Oil, Corn Oil, Soybean Oil, Hydrogenated Soybean and/or Cottonseed Oil), Disodium Dihydrogen Pyrophosphate (To Promote Color Retention), Dextrose

Green Beans- Green beans

Fruit Cocktail- Diced Peaches, Diced Pears, Water, Grapes, Pineapple Sectors, Pear Juice Concentrate, Halved Cherries Artificially Colored Red with Carmine.

Sweet & Sour Meatballs, Fried Rice, Stir Fry Vegetable Blend, Confetti Angel Cake and Dinner Roll

Sweet & Sour Meatballs:

Sweet & Sour Sauce- Water, Sugar, Distilled Vinegar, Modified Corn Starch, Salt, Pineapple Juice Powder, Dehydrated Red And Green Bell Peppers, Colored With Oleoresin Paprika

Meatballs- BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, NONFAT DRY MILK, EXTRACTIVES OF PAPRIKA. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk.

Fried Rice- BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, NONFAT DRY MILK, EXTRACTIVES OF PAPRIKA. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk.

Stir Fry Vegetable Blend- Broccoli, Sugar Snap Peas, Bean Sprouts, Water Chestnuts, Red Peppers.

Confetti Angel Cake:

Almond Extract- WATER, ALCOHOL & BENZALDEHYDE

Angel Food Cake Mix- Sugar, enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), egg whites, wheat starch, baking soda, sodium aluminum phosphate, Less than 2% of: artificial flavor, cellulose gum, cream of tartar, fumaric acid, monocalcium phosphate.

Rainbow Sprinkles- SUGAR, CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE OIL (COTTONSEED AND/OR SOYBEAN), SOY LECITHIN, DEXTRIN, CONFECTIONERS GLAZE, NATURAL AND ARTIFICIAL FLAVOR, RED 40 LAKE, CARNAUBA WAX, YELLOW 6 LAKE, BLUE 1 LAKE, YELLOW 5 LAKE, RED 3, BLUE 1, RED 40.

White Corn Syrup- Corn syrup, water, potassium sorbate- a preservative, natural flavor and phosphoric acid

Powdered Sugar- Sugar, corn starch.

Water- Water

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat.

Meatloaf, Mashed Potatoes & Gravy, Malibu Vegetable Blend, Cantaloupe and Dinner Roll

Meatloaf- COOKED BEEF, CRACKER MEAL (BLEACHED WHEAT FLOUR), EGG, ONION, TOMATOES (TOMATOES, TOMATO JUICE, CITRIC ACID), MILK (VITAMIN D3 ADDED), WORCESTERSHIRE SAUCE (VINEGAR, MOLASSES, WATER, TAMARIND, NATURAL FLAVOR, SUGAR, SALT, ONION, GARLIC), GREEN BELL PEPPER, SALT, BEEF BASE (BEEF STOCK, SALT, FLAVOR, YEAST EXTRACT, BEEF FAT, CARAMEL COLOR, ONION POWDER, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT], MODIFIED CORNSTARCH, GARLIC POWDER, CORN SYRUP SOLIDS), BLACK PEPPER, DEHYDRATED GARLIC.
COMMON ALLERGENS PRESENT: Wheat, Milk, Soy, Egg.

Mashed Potatoes- POTATO (DRY), MONO AND DIGLYCERIDES, ASCORBIC ACID (VITAMIN C), CALCIUM STEAROYL-2-LACTYLATE. FRESHNESS PRESERVED WITH SODIUM BISULFITE AND BHT.

Gravy- Water, Roasted Beef and Beef Juices, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Food Starch - Modified, Salt, Onion Powder, Hydrolyzed Corn, Wheat and Soy Protein, Sugar, Caramel Color, Soybean Oil, Disodium.

Malibu Vegetable Blend- Broccoli, Carrots, Cauliflower and Yellow Carrots.

Cantaloupe- Cantaloupe

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat.

Chicken Pot Pie, Tossed Salad, Peach Crisp and Buttered Breadstick

Chicken Pot Pie- WATER, COOKED SEASONED CHICKEN WHITE MEAT (chicken white meat, water, salt, sodium phosphate), CARROTS, ONIONS, PEAS, CELERY, MODIFIED FOOD STARCH, CREAM, CONTAINS LESS THAN 2% OF CHICKEN BASE (cooked mechanically separated chicken, sugar, hydrolyzed corn protein, salt, chicken fat, onion powder, disodium inosinate, disodium guanylate, extractive of turmeric, spice extractive), SEASONING (potassium chloride, flavor [contains maltodextrin]), DEHYDRATED GARLIC, SPICES, DEHYDRATED PARSLEY, SOY LECITHIN, WHOLE WHEAT FLOUR.

Tossed Salad:

Lettuce- Lettuce

Tomatoes- Tomato

Cheese- Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Color Added), Anticake (Potato Starch, Powdered Cellulose).

COMMON ALLERGENS PRESENT: MILK

Peach Crisp- INGREDIENTS: PEACHES, WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CORN SYRUP, SUGAR, VEGETABLE OIL (PALM, SOYBEAN), MODIFIED CORN STARCH, CONTAINS 2% OR LESS: PEACH JUICE CONCENTRATE, SALT, WHITE GRAPE JUICE CONCENTRATE, MONO- AND DIGLYCERIDES, LEMON JUICE SOLIDS, NATURAL FLAVORS, CINNAMON, NATURAL FLAVOR. CONTAINS: WHEAT

Buttered Breadstick- ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, WHEAT GLUTEN, SALT, YEAST, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, CORN FLOUR, MONOGLYCERIDES, CORN STARCH, LACTIC ACID, CITRIC ACID, CALCIUM SULFATE, SORBIC ACID, MONOCALCIUM PHOSPHATE, ACETIC ACID, ASCORBIC ACID

Cheese Ravioli with Sauce, Cauliflower, Cantaloupe & Honeydew, Red Velvet Cookie and Garlic Toast

Cheese Ravioli- Pasta Ingredients: Extra Fancy Durum Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, and Folic Acid), Water, Liquid Pasteurized Whole Eggs. Filling: Whole Milk Ricotta Cheese (Whey, Whole Milk, Cream, Vinegar), Part Skim Ricotta Cheese (Whey, Milk, Vinegar, Carrageenan as a stabilizer), Water, Modified Corn Starch, Salt, Romano Cheese (Pasteurized Sheeps Milk, Cultures, Rennet, Salt), Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Cellulose to prevent caking), Spices. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat.

Sauce- Tomato concentrate (Water, Tomato Paste), Corn Syrup, Salt, Spices, Dehydrated Parsley, Citric Acid, Natural Flavor.

Cauliflower- Cauliflower

Cantaloupe & Honeydew- Cantaloupe & Honeydew

Red Velvet Cookie- SUGAR, WHITE CHUNKS (SUGAR, HYDROGENATED PALM KERNEL OIL AND/OR PALM, NONFAT DRY MILK, NATURAL FLAVORS [MILK], SOY LECITHIN [EMULSIFIER], SALT), ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, WHITE CHOCOLATE CHUNKS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, NONFAT DRY MILK, MILKFAT, SOY LECITHIN, NATURAL FLAVOR), BUTTER (CREAM, NATURAL FLAVORING), SHORTENING (SOYBEAN OIL, VEGETABLE MONO & DIGLYCERIDES, MIXED TOCOPHEROLS AND ASCORBYL PALMITATE [AS ANTIOXIDANTS]), WATER, COCOA POWDER PROCESSED WITH ALKALI, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), MOLASSES, CONTAINS LESS THAN 2% OF ARTIFICIAL COLOR (RED 40), ARTIFICIAL COLOR (WATER, SUGAR, RED 40, RED 3, YELLOW 6, CORN STARCH-MODIFIED, VEGETABLE GUM, CITRIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE [PRESERVATIVES]), BAKING POWDER (SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), BAKING SODA, EGGS, INVERT SUGAR, NATURAL FLAVORS, SALT, SOY LECITHIN, WHEY PROTEIN CONCENTRATE. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.

Garlic Toast- ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, NATURAL FLAVOR (MILK), SOY LECITHIN, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED), SOYBEAN OIL, CONTAINS 2% OR LESS OF: YEAST, SALT, SUGAR, CORN MEAL, GARLIC, MALTED BARLEY FLOUR, GARLIC EXTRACT, PARSLEY, SOY LECITHIN, ENZYMES, TURMERIC AND ANNATTO EXTRACTS FOR COLOR, WHEAT GLUTEN. . COMMON ALLERGENS PRESENT: Soy, Milk, Wheat

Cubed Beef Steak with Gravy, Baked Potato, Carrots, Chocolate Chip Blondie and Dinner Roll

Cubed Steak- Beef

Gravy- Water, Roasted Beef and Beef Juices, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Food Starch - Modified, Salt, Onion Powder, Hydrolyzed Corn, Wheat and Soy Protein, Sugar, Caramel Color, Soybean Oil, Disodium.

Baked Potato- Potato

Carrots- Carrots

Chocolate Chip Blondie:

Yellow Cake Mix- Water, Roasted Beef and Beef Juices, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Food Starch - Modified, Salt, Onion Powder, Hydrolyzed Corn, Wheat and Soy Protein, Sugar, Caramel Color, Soybean Oil, Disodium.

Water- Water

Chocolate Chips- Sugar, hydrogenated palm kernel oil, cocoa, cocoa processed with alkali, dextrose, nonfat dry milk, soy lecithin.

Vanilla Extract- Water, alcohol, sugar and vanilla bean extractions.

Liquid Egg- WHOLE EGG, CITRIC ACID, 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID. CITRIC ACID ADDED TO PRESERVE COLOR.

Brown Sugar- BROWN SUGAR, SUGAR.

Dinner Roll- Unbleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Potato Flakes, Wheat Gluten, Salt, Ascorbic Acid, Barley Malt Extract, Corn Grits, Calcium Propionate (Preservative), Spices (Annatto, Turmeric). COMMON ALLERGENS PRESENT: Wheat.

Chilli with Beans, Au Gratin Potatoes, Tossed Salad, Banana Pudding and Cornbread

Chili with Beans:

Ground Beef- Boneless Beef Trim

Onion- Onion

Seasonings- Garlic powder, onion powder, paprika, chili powder, bay leaves

Kidney Beans- Light red kidney beans, water, sugar, salt, calcium chloride

Tomato Sauce- Tomato Puree (Water, Tomato Paste), Less Than 2% Of: Salt, Citric Acid, Onion Powder, Garlic Powder, Dehydrated Bell Peppers, Natural Flavors

Whole Tomatoes- Tomatoes, tomato juice, less than 2% of: salt, calcium chloride, citric acid.

Au Gratin Potatoes- POTATOES, WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO [VEGETABLE COLOR]), CHEDDAR CLUB CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, SALT, ANNATTO [COLOR]), ONION, MARGARINE (SOYBEAN OIL, PALM OIL, WATER, SALT, CONTAINS 2% OR LESS OF: MONO- & DIGLYCERIDES, SOYBEAN LECITHIN [SOY], NATURAL FLAVOR, ANNATTO [COLOR], VITAMIN A PALMITATE ADDED), NONFAT DRY MILK, HALF & HALF (MILK, CREAM), RICE FLOUR, FOOD STARCH-MODIFIED, VEGETABLE BASE (SAUTEED VEGETABLES [CARROT, CELERY, ONION], SOYBEAN OIL, SALT, MALTODEXTRIN, CORN STARCH, NATURAL FLAVOR), CHEESE POWDER (WHEY, REDUCED LACTOSE WHEY, CHEDDAR CHEESE [CULTURED MILK, SALT, ENZYMES], NATURAL FLAVORS, CREAM, MALTODEXTRIN, SALT, WHEY PROTEIN CONCENTRATE, SODIUM PHOSPHATE, BLUE CHEESE [CULTURED MILK, SALT, ENZYMES], CITRIC ACID, LACTIC ACID), SALT, LACTIC ACID (FOOD STARCH-MODIFIED AND LACTIC ACID), MONO- & DIGLYCERIDES, GROUND RED PEPPER. COMMON ALLERGENS PRESENT: Milk, Soy

Tossed Salad:

Lettuce- Lettuce

Tomatoes- Tomato

Cheese- Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Color Added), Anticake (Potato Starch, Powdered Cellulose).
COMMON ALLERGENS PRESENT: MILK

Banana Pudding- WATER, SUGAR, SKIM MILK, MODIFIED FOOD STARCH, MALTODEXTRIN, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SOYBEAN OIL, CANOLA OIL, SUNFLOWER OIL), CONTAINS 2 PERCENT OR LESS OF THE FOLLOWING: NATURAL AND ARTIFICIAL FLAVOR, SALT, XANTHAN GUM, SODIUM STEAROYL LACTYLATE, COLOR ADDED (INCLUDING YELLOW 5 AND YELLOW 6).

Cornbread- INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, WATER, SUGAR, SOYBEAN OIL, YELLOW CORN MEAL, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS: SKIM MILK, MODIFIED CORN STARCH, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORN STARCH, MONOCALCIUM

PHOSPHATE), SALT, MONO- AND DIGLYCERIDES, LACTOSE, MILK PROTEIN CONCENTRATE, XANTHAN GUM. CONTAINS: MILK, WHEAT, EGGS

**Cornflake Chicken Breast, Onion Roasted Potatoes, Italian Blend Mixed Vegetables, Cookie, Citrus Fruit Salad
and Garlic Cheese Biscuit**

Cornflake Chicken:

Chicken- Chicken

Cornflakes- "DEGERMED YELLOW CORN MEAL, SUGAR, CONTAINS 2% OR LESS OF: SALT, BARLEY MALT EXTRACT, VITAMIN C (SODIUM ASCORBATE, ASCORBIC ACID), IRON (FERROUS FUMARATE), VITAMIN A (PALMITATE), NIACINAMIDE, VITAMIN B2 (RIBOFLAVIN),

VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B12 (CYANOCOBALAMIN), FOLIC ACID. BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS".

Mayonnaise- WATER, SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, FOOD STARCH-MODIFIED, EGG YOLKS, SALT, CONTAINS LESS THAN 2% OF CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. COMMON ALLERGENS PRESENT: Egg.

Seasoning- Garlic powder, onion powder, paprika, salt and pepper

Onion Roasted Potatoes:

Potatoes- Potatoes

Onions- Onions

Garden Seasoning- Dehydrated Onion, Dehydrated Garlic, Spices, Dehydrated Carrots, Orange Peel, Dehydrated Red Bell Pepper, Red Pepper, Natural Flavor.

Italian Blend Mixed Vegetables- Zucchini, cauliflower, carrots, Italian beans, lima beans

Cookie- SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL FLAVOR, BETA-CAROTENE [COLOR], VITAMIN A PALMITATE), WATER, SHORTENING (PALM OIL), CONTAINS LESS THAN 2% OF ARTIFICIAL FLAVOR, BAKING SODA, EGGS, INVERT SUGAR, NATURAL FLAVORS (MILK), SALT, WHEY PROTEIN CONCENTRATE. COMMON ALLERGENS PRESENT: Wheat, Egg, Milk, Soy. MAY CONTAIN: Peanuts, Tree Nuts.

Citrus Fruit Salad- Oranges, pineapple, grapefruit, grapes, water, sugar, citric acid (used to lower pH)

Garlic Cheese Biscuit- ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, IMITATION CHEDDAR CHEESE (CHEDDAR CHEESE [MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED], WATER, PALM OIL, CORN STARCH, MODIFIED POTATO STARCH, SODIUM PHOSPHATE, WHEY, SALT, NATURAL FLAVOR, LACTIC ACID, SORBIC ACID [PRESERVATIVE], COLOR ADDED), SUGAR, HYDROGENATED SOYBEAN OIL, BUTTERMILK, BAKING SODA, SALT, SODIUM ALUMINUM PHOSPHATE, DATEM, SODIUM ACID PYROPHOSPHATE, SODIUM CASEINATE, MODIFIED CORN STARCH, WHEAT PROTEIN ISOLATE, DRIED PARSLEY, NATURAL AND ARTIFICIAL FLAVOR, YEAST EXTRACT, MILKFAT, MONOSODIUM GLUTAMATE, ASCORBIC ACID, NATURAL FLAVOR, HYDROLYZED SOY PROTEIN, ARTIFICIAL COLOR

Spaghetti & Meatballs, Tossed Salad, Cherry Tomatoes, White Frosted Cake and Garlic Toast

Spaghetti & Meatballs:

Spaghetti Noodles- Durum Wheat Semolina, durum wheat flour, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat. MAY CONTAIN: Egg.

Marinara Sauce- Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Salt, Soybean Oil, Dried Onion, Citric Acid, Spices, Dried Garlic.

Meatballs- BEEF, WATER, TEXTURED SOY FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEAT FLOUR, DEHYDRATED ONION, FLAVORINGS, SODIUM PHOSPHATE, HYDROLYZED SOY PROTEIN, PAPRIKA, GARLIC POWDER, NONFAT DRY MILK, EXTRACTIVES OF PAPRIKA. COMMON ALLERGENS PRESENT: Soy, Wheat, Milk.

Tossed Salad:

Lettuce- Lettuce

Tomatoes- Tomato

Cheese- Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Color Added), Anticake (Potato Starch, Powdered Cellulose).
COMMON ALLERGENS PRESENT: MILK

Cherry Tomatoes- Cherry Tomatoes

White Frosted Cake:

White Cake Mix- Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm and soybean oil, dextrose, Less than 2% of: aluminum sulfate, artificial flavor, ascorbic acid, baking soda, food starch-modified, mono and di-glycerides, nonfat milk, polysorbate 60, propylene glycol ester, salt, sodium aluminum phosphate, soy lecithin.

Frosting- SUGAR, PALM OIL, WATER, CORN SYRUP, CORN STARCH. CONTAINS 2% OR LESS OF: SALT, MONOGLYCERIDES, YELLOWS 5 & 6 AND OTHER COLOR ADDED, POLYSORBATE 60, POTASSIUM SORBATE (PRESERVATIVE), NATURAL AND ARTIFICIAL FLAVOR, SODIUM STEAROYL LACTYLATE, SODIUM ACID PYROPHOSPHATE, CITRIC ACID

Garlic Toast- ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID),WATER, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, NATURAL FLAVOR (MILK), SOY LECITHIN, BETA CAROTENE(COLOR), VITAMIN A PALMITATE ADDED), SOYBEAN OIL, CONTAINS 2% OR LESS OF: YEAST, SALT, SUGAR, CORN MEAL, GARLIC,MALTED BARLEY FLOUR, GARLIC EXTRACT, PARSLEY, SOY LECITHIN, ENZYMES, TURMERIC AND ANNATTO EXTRACTS FORCOLOR, WHEAT GLUTEN. . COMMON ALLERGENS PRESENT: Soy, Milk, Wheat

**Garlic Parmesan Chicken, Spaghetti Noodles, Broccoli & Cheese, Carnival Cookie, Mixed Melon Salad and
Buttered Breadstick**

Garlic Parmesan Chicken:

Chicken- Chicken

Breadcrumbs- Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Salt. COMMON ALLERGENS PRESENT: Wheat.

Garlic Powder- Garlic

Liquid Egg- WHOLE EGG, CITRIC ACID, 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID. CITRIC ACID ADDED TO PRESERVE COLOR.

Butter- VEGETABLE OIL BLEND (PALM AND PALM KERNEL OIL, SOYBEAN OIL), SKIM MILK, BUTTER (CREAM, SALT), CONTAINS LESS THAN 2% OF NATURAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR), SALT. CONTAINS: MILK.

Marinara- Tomato Puree, Salt, Sugar, Soybean Oil, Olive Oil, Dehydrated Onions, Spices, Dehydrated Garlic and Citric Acid.

Mozzerella Cheese- PASTEURIZED MILK, SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, POWDERED CELLULOSE (ADDED TO PREVENT CAKING), NATAMYCIN (ADDED AS A MOLD INHIBITOR). COMMON ALLERGENS PRESENT: Milk.

Spaghetti Noodles- Durum Wheat Semolina, durum wheat flour, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid. COMMON ALLERGENS PRESENT: Wheat. MAY CONTAIN: Egg.

Broccoli & Cheese:

Broccoli- Broccoli

Cheese- WATER, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR), WHEY, MODIFIED CORN STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, SOYBEAN OIL, SUNFLOWER OIL), CONTAINS LESS THAN 2% OF DISTILLED VINEGAR, SODIUM PHOSPHATE, SALT, MALTODEXTRIN, XANTHAN GUM, YEAST EXTRACT, CREAM, CAROTENAL COLOR, MONO- AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ANHYDROUS MILKFAT, LACTIC ACID, CITRIC ACID, NONFAT DRY MILK, ANNATTO COLOR, ACETIC ACID, NATURAL FLAVOR. CONTAINS: MILK.

Carnival Cookie- INGREDIENT STATEMENT FOR US LABELING INGREDIENTS: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, CONTAINS 2% OR LESS OF: SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVORS [CONTAINS MILK], CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), SEMI-SWEET CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN, NATURAL FLAVOR, MILK), COLORED CHOCOLATE CANDIES (SEMI-SWEET CHOCOLATE [SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN, NATURAL FLAVOR], SUGAR, COLORING [TITANIUM DIOXIDE, RED 40 LAKE, YELLOW 6 LAKE, YELLOW 6, YELLOW 5 LAKE, BLUE 1 LAKE, RED 3, BLUE 2 LAKE], CORN STARCH, CONFECTIONER'S GLAZE [CARNAUBA WAX, BEESWAX, SHELLAC]), EGGS, DEXTROSE, CONTAINS 2% OR LESS OF: WATER, MOLASSES, BAKING SODA, SALT, PREGELATINIZED WHEAT STARCH, NATURAL AND ARTIFICIAL FLAVOR. CONTAINS: EGGS, MILK, SOY AND WHEAT.

Mixed Melon Salad- Cantaloupe, Honeydew and Watermelon

The following ingredient list obtains items that may come with your meal, or ingredients may be cooked in:

RANCH DRESSING- SOYBEAN OIL, BUTTERMILK, DISTILLED VINEGAR, EGG YOLK, SALT, SUGAR, NATURAL FLAVOR, YEAST EXTRACT, GARLIC*, XANTHAN GUM, SPICE, ONION*. *DRIED

French Dressing- Water, Sugar, Soybean Oil, Distilled Vinegar, Modified Food Starch, contains 2% or less of Salt, Potassium Chloride, Spice, Xanthan Gum, Onion & Garlic Powder, Potassium Sorbate & Sodium Benzoate (as preservatives), Rice Flour, Paprika, Oleoresin Paprika, Calcium Disodium EDTA added to protect flavor.

Fryer Oil- LIQUID AND HYDROGENATED SOYBEAN OIL, TBHQ AND CITRIC ACID ADDED TO PROTECT FLAVOR, DIMETHYLPOLYSILOXANE (AN ANTI-FOAMING AGENT). COMMON ALLERGENS PRESENT: NONE.

Butter- VEGETABLE OIL BLEND (PALM AND PALM KERNEL OIL, SOYBEAN OIL), SKIM MILK, BUTTER (CREAM, SALT), CONTAINS LESS THAN 2% OF NATURAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR), SALT. COMMON ALLERGENS PRESENT: Milk.