

**AUGUST, 2025****NUTRITION SERVICES OF SHELBY COUNTY****937-492-6900, OPTION 8***Serving the Seniors of Shelby County since 1996*

<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>		<b>FRIDAY</b>	
<b>August 4, 2025</b>		<b>August 5, 2025</b>		<b>August 6, 2025</b>		<b>August 7, 2025</b>		<b>August 8, 2025</b>	
3 oz	Sloppy Joe on Bun	3 oz	Herbed Pork Loin	3 oz	Hamburger on Bun	3 oz	Baked Glazed Ham	6 oz	Meat Lasagna
4 oz	Potato Wedges	4 oz	Mashed Potatoes/Gravy	4 oz	Onion Roasted Potatoes	4 oz	Sweet Potato Casserole	4 oz	Parslied Cauliflower
4 oz	Capri Vegetable Blend	4 oz	Carrots	4 oz	Italian Green Beans	4 oz	Roasted Broccoli	1 pc	Frosted Chocolate Cake
1 ea	Peanut Butter Brownie	1 ea	M & M Cookie	4 oz	Mandarin Oranges	4 oz	Watermelon	1 ea	Dinner Roll/Margarine
	WK 3	1 ea	Dinner Roll/Margarine			1 ea	Dinner Roll/Margarine		
<b>August 11, 2025</b>		<b>August 12, 2025</b>		<b>August 13, 2025</b>		<b>August 14, 2025</b>		<b>August 15, 2025</b>	
3 oz	Bratwurst on Bun	3 oz	Sweet & Sour Meatballs	3 oz	Meatloaf	6 oz	Chicken Pot Pie	6 oz	Cheese Ravioli w/Sauce
4 oz	Steak Fries	4 oz	Fried Rice	4 oz	Mashed Potatoes/Gravy	1 C	Tossed Salad/Dressing	4 oz	Cauliflower
4 oz	Green Beans	4 oz	Stir Fry Veg. Blend	4 oz	Malibu Vegetable Blend	4 oz	Peach Crisp	1 ea	Red Velvet Cookie
3 oz	Fruit Cocktail	1 pc	Confetti Angel Cake	4 oz	Cantaloupe	1 ea	Buttered Breadstick	1 pc	Garlic Toast
	WK 4	1 ea	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine				
<b>August 18, 2025</b>		<b>August 19, 2025</b>		<b>August 20, 2025</b>		<b>August 21, 2025</b>		<b>August 22, 2025</b>	
3 oz	Cubed Beef Steak w/Gravy	3 oz	Chicken Salad on Croissant	3 oz	Cornflake Chicken Breast	6 oz	Spaghetti & Meatballs	3 oz	Garlic Parmesan Chicken
4 oz	Baked Potato	4 oz	Potato Salad	4 oz	Onion Roasted Potatoes	4 oz	Tossed Salad/Tomatoes	3 oz	Spaghetti Noodles
4 oz	Carrots	4 oz	Marinated Cucumbers/	4 oz	Italian Blend Vegetables	1 pkg	Dressing	4 oz	Broccoli & Cheese
1 ea	Chocolate Chip Blondie		Tomatoes	4 oz	Citrus Fruit Salad	1 pc	White Frosted Cake	4 oz	Mixed Melon Salad
1 ea	Dinner Roll/Margarine	1 ea	Cookie	1 ea	Garlic Cheese Biscuit	1 pc	Garlic Toast	1 ea	Buttered Breadstick
<b>August 25, 2025</b>		<b>August 26, 2025</b>		<b>August 27, 2025</b>		<b>August 28, 2025</b>		<b>August 29, 2025</b>	
6 oz	Beef Macaroni Casserole	6 oz	Beef Stew	6 oz	White Beans w/Ham & Onion	3 oz	Stuffed Cabbage Roll	3 oz	Beer Battered Cod
4 oz	Broccoli	1C	Tossed Salad/Dressing	4 oz	Malibu Vegetable Blend	4 oz	Golden Mashed Potatoes	4 oz	Potato Wedges
4 oz	Mixed Melon Salad	1 ea	Oatmeal Raisin Cookie	4 oz	Apple Crisp	4 oz	California Veg. Blend	4 oz	Creamy Coleslaw
1 ea	Dinner Roll/Margarine	1 pc	Cornbread	1 pc	Corn Muffin	4 oz	Cantaloupe	1 pc	Chocolate Cake/PB Frosting
	WK 1					1 ea	Wheat Bread	1 pc	Wheat Bread/Margarine

**CONSUME FOOD IMMEDIATELY OR REFRIGERATE!** Meals are stamped with date prepared. If refrigerated, consume within 3-4 days.**REHEATING:** Cut film to vent. Microwave: Reheat for 2-3 minutes OR Conventional Oven: Place on cookie sheet, heat at 350 degrees for 10 minutes.**MENUS/FOOD PREPARATION:** Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions, call 937-492-6900 or view our website for ingredient list.*Menu posted at <https://fairhavenservices.com/our-services/nutritional-services> - Menus are subject to change. Meals include 8 oz. milk (unless drink substitute requested.)***MEAL DELIVERY GUIDELINES:** *We cannot leave meals if you are not home.* Please cancel in advance by informing or driver or call before 9:00 A.M.

Your delivery times may vary from day-to-day. Please be patient with your drivers as they attempt to service you in a safe and timely manner!

**ROUTE CLOSINGS:** We announce closings on WMVR Radio 105.5 and also attempt to call you. Please keep us informed of your current phone number.