NOVEMBER, 2025		NUTRITION SERVICES OF SHELBY COUNTY						937-492-6900		
		Serving the Seniors of Shelby County since 1996						OPTION 8		
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
ı	November 3, 2025		November 4, 2025		November 5, 2025		November 6, 2025		November 7, 2025	
3 oz	Ham Slice WK1	6 oz	Chicken Enchiladas	6 oz	Beef Shepherd's Pie	6 oz	Pizza Casserole	3 oz	Baked Ranch Chicken	
4 oz	Cheesy Mashed Potatoes	2 oz	Sauteed Peppers/Onions	4 oz	Mashed Potatoes	4 oz	Broccoli	4 oz	Rice Pilaf	
4 oz	Broccoli	1 pc	Sweet Potato Cornbread	1 ea	Banana Cupcake	1 ea	Breadstick	4 oz	Capri Vegetable Blend	
1 pc	Cherry Pretzel Square	1 pc	Vanilla Sponge Cake	1 pc	Wheat Bread/Margarine	1 pc	Cherry Cheesecake	1 ea	Chocolate Chip Cookie	
1 ea	Dinner Roll/Margarine						Delight	1 pc	Wheat Bread/Margarine	
N	November 10, 2025		November 11, 2025		November 12, 2025		November 13, 2025		November 14, 2025	
6 oz	Chili w/Beans	Λ	****	3 oz	Meatloaf	6 oz	Beef Goulash	3 oz	Cracker Crumb Chicken	
4 oz	Baked Potato WK2	Delivery		4 oz	Mashed Potatoes/Gravy	4 oz	Broccoli	4 oz	Cheesy Mashed Potatoes	
4 oz	Winter Blend Vegetable	eli	CLOSED *	4 oz	Green Beans	4 oz	Pineapple Chunks	4 oz	Sweet Peas	
1 pc	Peach Slump Cake		VETERANS DAY	4 oz	Banana Pudding	1 pc	Wheat Bread/Margarine	1 ea	Dinner Roll/Margarine	
1 pkg	Saltines	No	A TANK	1 ea	Dinner Roll/Margarine			1 pc	Pineapple Upside Down Cake	
N	November 17, 2025		November 18, 2025		November 19, 2025		November 20, 2025		November 21, 2025	
3 oz	Beef Teriyaki	3 oz	Glazed Ham	6 oz	Kielbasa / Sauerkraut	3 oz	Vegetable Baked Fish	3 oz	Pot Roast	
4 oz	White Rice wk3	4 oz	Baked Beans	4 oz	Onion Roasted Potatoes	4 oz	Rice Pilaf	4 oz	Baked Potato	
4 oz	Sugar Snap Peas	4 oz	Beets	4 oz	Capri Vegetable Blend	4 oz	Sugar Snap Peas	4 oz	Carrots	
1 pc	Custard Pie	1 pc	Pumpkin Pie	1 ea	M & M Cookie	4 oz	Cinnamon Rice Pudding	1 ea	Brownie Crinkle Cookie	
1 pc	Wheat Bread/Margarine	1 pc	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine	
November 24, 2025		November 25, 2025		November 26, 2025		November 27, 2025		November 28, 2025		
3 oz	Sloppy Joe / Bun	6 oz	Chicken Alfredo	3 oz	Salisbury Steak	>				
4 oz	Onion Roasted Potatoes		Fettucine Pasta	4 oz	Mashed Potatoes/Gravy	ver	Closed Thursday & Friday			
4 oz	California Blend	4 oz	Italian Blend Vegetables	4 oz	Green Bean Casserole	Delivery	HAPPY TH			
1 ea	Red Velvet Cookie	4 oz	Apricots	1 pc	Mock Pecan Pie	0 0	Have a wond	derf	ul holiday!	
	WK 4	1 ea	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine	No				







CONSUME FOOD IMMEDIATELY OR REFRIGERATE! Meals are stamped with date prepared. If refrigerated, consume within 3-4 days.

REHEATING: Cut film to vent. Microwave: Reheat for 2-3 minutes OR Conventional Oven: Place on cookie sheet, heat at 350 degrees for 10 minutes.

MENUS/FOOD PREPARATION: Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions, call 937-492-6900 or view our website for ingredient list.

Menu posted at https://fairhavenservices.com/our-services/nutritional-services - Menus are subject to change. Meals include 8 oz. milk (unless drink substitute requested.)

MEAL DELIVERY GUIDELINES: We cannot leave meals if you are not home. Please cancel in advance by informing or driver or call before 9:00 A.M.

Your delivery times may vary from day-to-day. Please be patient with your drivers as they attempt to service you in a safe and timely manner!

ROUTE CLOSINGS: We announce closings on WMVR Radio 105.5 and also attempt to call you. Please keep us informed of your current phone number.