


APRIL, 2026		NUTRITION SERVICES OF SHELBY COUNTY				937-492-6900			
		Serving the Seniors of Shelby County since 1996				OPTION 8			
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
April 6, 2026		April 7, 2026		April 8, 2026		April 9, 2026		April 10, 2026	
3 oz	Beef Teriyaki	3 oz	Herbed Pork Loin/Gravy	6 oz	Kielbasa / Sauerkraut	3 oz	Vegetable Baked Fish	3 oz	Pot Roast
4 oz	White Rice <small>WK 3</small>	4 oz	Garlic Mashed Potatoes	4 oz	Onion Roasted Potatoes	4 oz	Rice Pilaf	4 oz	Baked Potato
4 oz	Sugar Snap Peas	4 oz	Carrots	4 oz	Capri Vegetable Blend	4 oz	Sugar Snap Peas	4 oz	Carrots
1 pc	Custard Pie	1 pc	Apple Brown Betty	1 ea	M & M Cookie	4 oz	Cinnamon Rice Pudding	1 ea	Brownie Crinkle Cookie
1 pc	Wheat Bread/Margarine	1 ea	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine	1 ea	Dinner Roll/Margarine
April 13, 2026		April 14, 2026		April 15, 2026		April 16, 2026		April 17, 2026	
3 oz	Sloppy Joe / Bun	6 oz	Chicken Alfredo	3 oz	Salisbury Steak	3 oz	Baked Ranch Chicken	3 oz	Meatloaf
4 oz	Onion Roasted Potatoes	4 oz	Fettucine Pasta	4 oz	Mashed Potatoes/Gravy	4 oz	Mashed Potatoes/Gravy	4 oz	Mashed Potatoes/Gravy
4 oz	California Blend	4 oz	Italian Blend Vegetables	4 oz	Carrots	4 oz	Winter Blend Vegetable	4 oz	Corn
1 ea	Red Velvet Cookie <small>WK 4</small>	4 oz	Apricots	1 pc	Mock Pecan Pie	1 ea	Filled Cookie	1 ea	Sour Cream Orange Cake
		1 ea	Dinner Roll/Margarine	1 ea	Wheat Bread/Margarine	1 ea	Wheat Bread/Margarine	1 ea	Dinner Roll/Margarine
April 20, 2026		April 21, 2026		April 22, 2026		April 23, 2026		April 24, 2026	
6 oz	Beef Stew <small>WK 5</small>	3 oz	Sloppy Joe		Mushroom Swiss Burger/Bun	6 oz	Chicken & Dumplings	3 oz	Bourbon Chicken Thighs
4 oz	Egg Noodles		on bun	4 oz	Baked Potato	4 oz	Carrots	4 oz	Cheesy Mashed Potatoes
4 oz	Blueberry Cobbler	4 oz	Tater Tots	4 oz	Winter Blend Vegetable	4 oz	Mandarin Oranges	4 oz	Broccoli
1 pc	Cornbread	4 oz	Corn	1 pc	Chocolate Fudge Cake	1 pc	Wheat Bread/Margarine	1 ea	Lemon Bar
		1 pc	Strawberry Shortcake					1 ea	Dinner Roll/Margarine
April 27, 2026		April 28, 2026		April 29, 2026		April 30, 2026		May 1, 2026	
3 oz	Ham Slice <small>WK 1</small>	6 oz	Chicken Enchiladas	6 oz	Beef Shepherd's Pie	6 oz	Pizza Casserole	3 oz	Baked Ranch Chicken
4 oz	Cheesy Mashed Potatoes	2 oz	Sauteed Peppers/Onions	4 oz	Mashed Potatoes	4 oz	Broccoli	4 oz	Rice Pilaf
4 oz	Broccoli	1 pc	Sweet Potato Cornbread	1 pc	Banana Cake	1 ea	Breadstick	4 oz	Capri Vegetable Blend
1 pc	Cherry Pretzel Square	1 pc	Vanilla Sponge Cake	1 pc	Wheat Bread/Margarine	1 pc	Cherry Cheesecake	1 ea	Chocolate Chip Cookie
1 ea	Dinner Roll/Margarine						Delight	1 pc	Wheat Bread/Margarine
									
<b>CONSUME FOOD IMMEDIATELY OR REFRIGERATE!</b> Meals are stamped with date prepared. If refrigerated, consume within 3-4 days.									
<b>REHEATING:</b> Cut film to vent. Microwave: Reheat for 2-3 minutes OR Conventional Oven: Place on cookie sheet, heat at 350 degrees for 10 minutes.									
<b>MENUS/FOOD PREPARATION:</b> Food prepared at Fair Haven, 2901 Fair Road, Sidney. For questions, call 937-492-6900 or view our website for ingredient list. Menu posted at <a href="https://fairhavenservices.com/our-services/nutritional-services">https://fairhavenservices.com/our-services/nutritional-services</a> - <b>Menus are subject to change.</b> Meals include 8 oz. milk (unless drink substitute requested.)									
<b>MEAL DELIVERY GUIDELINES:</b> <i>We cannot leave meals if you are not home.</i> Please cancel in advance by informing our driver or call before 9:00 A.M. Your delivery times may vary from day-to-day. Please be patient with your drivers as they attempt to service you in a safe and timely manner!									
<b>ROUTE CLOSINGS:</b> We announce closings on WMVR Radio 105.5 and also attempt to call you. Please keep us informed of your current phone number.									